

Cooking Group Volunteer

At St Mungo's we provide a bed and support to more than 3,150 people in accommodation each night. As well as accommodation services, we also provide a range of services, such as running activities, skills and employment training, and tenancy support, to help people at every stage of their recovery from homelessness. At the heart of all of our services is our commitment for everyone to have a place to call home and fulfil their hopes and ambitions.

A big part of this is encouraging clients to engage with activities, either in the accommodation where they live or through our Recovery Colleges. Activities are often someone's first step towards thinking about their aspirations and going on to access services for employment and learning. As a volunteer supporting clients to take part in activities, you will be doing something simple that makes a really big difference.

What will I be doing?

As a Cooking Group Volunteer you will be supporting our clients to make nutritious, budget friendly meals either in their accommodation or at one of our Recovery Colleges. Volunteers may also do meal planning with the clients whilst look at budgeting in relation to buying and cooking.

In this role, you will be supporting us with all or some of the following tasks:

- Supporting clients at your service to engage in cooking activities, in a casual setting, encouraging them to socialise in the group and to make something tasty to eat.
- Coming up with recipes in collaboration with staff and clients each week that meet the needs of the group.
- Collaborating with staff to buy ingredients needed for the activities, using the services Petty Cash.
- Adhering to St Mungo's Policies and Procedures at all times.
- Promoting St Mungo's work in an appropriate manner.
- Actively promoting equality, diversity and inclusion among staff, fellow volunteers and clients.

Where/ When will I be volunteering?

Information on location and time commitment requirements is provided within this role's advert.

Our projects and services run across London and the South of England. We aim to match you to the most suitable volunteer role. After we receive your application, we will give you more information on the exact location and time you'll need to commit to the role as well as the specific service you'll be supporting.

Do I need to have specific skills?

- Experience of, or an interest in cooking.
- Level 2 food hygiene certificate or willing to complete one online that St Mungo's will organise and fund.
- Have an understanding of different nutritional and dietary needs.



- Be able to follow health and safety procedures in the kitchen.
- Collaborative with good communication skills.
- An understanding of the causes of homelessness and its impact.
- Genuine interest in and commitment to St Mungo's work and client group.
- An understanding of and commitment to diversity & equality.

We particularly welcome applicants with experience of using and moving on from support services.

What support will I receive in return?

- Our core volunteer training as well as access to further learning and development opportunities from our specialised Volunteer Services team.
- A role induction and role-specific training as well as regular support from your Volunteer Supervisor.
- Reimbursed volunteering expenses.
- New skills and experience within the largest homelessness services provider - both extremely valuable if you seek paid employment in the sector.
- Professional references after 3 months volunteering.
- A dedicated Volunteer Services team to support your volunteering.
- Access to our Volunteer Development Pathway to help you to develop the skills and experience to support your progression.

How can I apply?

Complete our online application form. Or, contact us at volunteer@mungos.org or on 0203 856 6160