## Take the Lead



### How to log your miles

There's lots of different ways to track your progress as you clock up the miles throughout August! You can use your mobile phone, smart watch or simply make a tally on paper.

It's completely up to you which method you choose - but you're responsible for logging your own miles. This also helps to show your supporters all the progress that you have made over the month too!

### **Using Strava**

If you use Strava, you can link your account to your JustGiving page to share your progress. This will ensure your mileage is automatically recorded and added to your page.

To do this, view your fundraising page, scroll down to the Strava box and click on the 'Connect Strava' button. You can find the full details about how to connect your accounts here. If you are unable to link your accounts (or forget to track one of your walks) you can manually add the mileage to your fundraising page later. To do this, view your page and click on the 'Add data manually' button in the Strava box.

#### **Questions?**

Visit JustGiving's help section if you have any questions about connecting your accounts

Contact us: events@mungos.org

# **StMungo's**