Ending homelessness.
Rebuilding lives.

ACE Women's Group Volunteer

What will I be doing?

As a Women's Group Volunteer you will be working alongside St Mungos staff to facilitate group sessions within a creative wellbeing Group.

In this role, you will be supporting us with all or some of the following tasks:

- Helping to provide a safe space for those who identify as Women.
- Helping with set up of tables, chairs, creative activities.
- Accessing a kitchen to help with refreshments for clients.
- Take part in creative activities and group work.
- Occasionally accompanying group on trips into the community e.g M-shed, Windmill Hill City farm.
- Promoting community ties and friendly relationships for attendees.
- To lightly introduce various activities so participants can see what kind of other groups they might be interested in.
- Help will clearing away tables and chairs, and creative activities.
- To signpost attendees to appropriate services for further support.
- Adhering to St Mungo's Policies and Procedures at all times.
- Promoting St Mungo's work in an appropriate manner.
- Actively promoting equality, diversity and inclusion among staff, fellow volunteers and clients.

Where/ When will I be volunteering?

You will be volunteering at the Friday morning 9.30-1pm ACE Women's Group.

You will be volunteering with St Mungo's Assertive Contact & Engagement (ACE) Service, which is a Bristol Wide Mental Health Service.

Do I need to have any specific skills?

- Sensitivity and respect for others
- A desire to help people who are going through a very challenging time and need some respite from the demands of everyday life, in a supportive environment.
- An awareness and understanding of mental health problems and their impact - we particularly welcome applications from people living locally or working within the local community.
- Lived experience of mental health or addiction issues, as well as homelessness are welcome
- Commitment, patience and reliability
- Good communication skills & the ability to motivate others
- The ability to cope with clients who occasionally might display challenging behaviour
- Belief in the potential of others – you need to be supportive of improving the quality of life for our clients
- Genuine interest in and commitment to St Mungo's work and client group.
- An understanding of and commitment to diversity & equality.

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What support will I receive in return?

We have a dedicated team to support you in your volunteer journey with us. You can find out more about what you'll gain from being a St. Mungo's volunteer on our volunteering webpages..

We are also committed to progression at all levels and we support and develop our volunteers to ensure that they are best placed to make progress in their careers.

How do I get started?

Apply online. Or, contact us at volunteer@mungos.org for further support.